

CONTRA-INDICATIONS FOR INDIAN HEAD MASSAGE

Please be aware that if you have any of the following conditions, an Indian Head Massage is NOT recommended. Treatment area is upper back, shoulders and head.

- Adhesive capsulitis (frozen shoulder)
- Anaphylaxis
- Bells Palsy
- Cervical spondylitis (arthritic spine condition)
- Conjunctivitis
- Contagious or infectious diseases, scalp infections, weeping eczema
- Earache
- Fever
- Haemophilia or blood illnesses
- Meningitis, Inflammation of the Brain
- Migraine (at the time of treatment)
- Recent Haemorrhage
- Recent head or neck Injury
- Severe bruising in treatment area
- Thrombosis
- Tinnitus (in rare cases can lead to worsening)
- Undiagnosed lumps and bumps in the treatment area
- Vertigo

If you have any of the following, please seek medical advice prior to booking. *(When medical permission cannot be obtained, you must give your informed consent in writing.)*

- Acute Rheumatism
- Arthritis/Osteoporosis in treatment area
- Asthma
- Cancer
- Cardiovascular Conditions (Thrombosis, Phlebitis, Angina, Pacemakers)
- Hypertension or Hypotension (high or low blood pressure) that is not regulated by medication
- Diabetes
- Dysfunction of the Nervous System (Multiple Sclerosis, Parkinson's disease, Motor Neurone Disease)
- Epilepsy
- Medical Oedema (swelling caused by fluid retention)
- Recent Operations
- Slipped Disc
- Trapped/Pinched nerve (e.g. sciatica), Inflamed Nerve
- Whiplash

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