



**CANTONIAN HIGH SCHOOL**

**THE BEST FROM EACH, SUCCESS FOR ALL**

Y GORAU O BOB UN, LLWYDDIANT I BAWB

**YSGOL UWCHRADD CANTONIAN**

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**Headteacher/Pennaeth: Mrs D Gill**

06 November 2020

Dear Parents/Carers

The NHS has asked for this message to be sent out to you as it is World Diabetes Day on 14 November.

Undiagnosed Type 1 Diabetes in children requires urgent medical attention.

If your child has ANY of the main symptoms of Type 1 Diabetes, please make an urgent GP appointment or contact the Out of Hours service. The main symptoms are known as the '4 Ts' – Thirst, Toilet, Tiredness, Thinner. If you notice your child is thirsty or using the toilet more frequently, is always feeling tired, or has lost weight recently, please seek immediate medical advice.

NHS services are very well equipped to look after children safely if they are unwell. Please do not delay seeking medical advice because of Covid-19.

There is more information available here:

[https://www.diabetes.org.uk/in\\_your\\_area/wales/campaigning/know-type-1---wales](https://www.diabetes.org.uk/in_your_area/wales/campaigning/know-type-1---wales)

Yours sincerely

**MR A C GRIFFITHS**

Head of Inclusion

**A BRIGHTER FUTURE**

Do you know the symptoms of  
**Type 1 diabetes?**

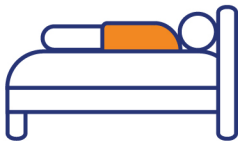
**Toilet**



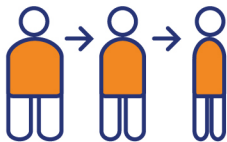
**Thirsty**



**Tired**



**Thinner**



Ydych chi'n gwybod beth yw symptomau

# diabetes Math 1?

**Tŷ  
bach**



**Teimlo'n  
sychedig**



**Teimlo'n  
flinedig**



**Teneuach**

