June 17, 1976

Dear Soen Sa Nim,

I am writing to thank you for the beautiful Kido and also for the beads you gave me Tuesday evening in San Francisco. When I wear these beads I feel very good, and more able to be patient and to love.

Although I have only known you a few short months, my whole direction has changed, as well as Ezra's and the children's. I am very grateful, I have the beginnings of a practice for the first time—that is right for me—and although it is new and unsure, there is something authenic in it that will grow with proper nourishment and plenty of hard work!

Whatever I am and have is yours. At some point I pray there will come a way to make that real.

Love,

Diana Clark

June 30, 1976

Dear Diana,

How are you and Ezra and your family? Thank you for your letter. I returned to Providence just now, so this answer is a little late. I am sorry.

I also think we had a wonderful Kido. This Kido was very necessary. That time I told you, Kido is like having very dirty water: if you boil it one time, it becomes steam; then make it cold again, and it is clear water. Kido's meaning is—my mind is boiled. Before-Kido mind was very dirty. After-kido mind is very clear. Before, dark water means bad karma, dark mind. We tried this Kido, and every body got this special energy. Special energy means to become steam. You know, like this steam engine has energy. Water has no energy; if you boil water, you get steam energy. So this steam energy makes the train go. So, when we try Kwan Seum Bosal, Kwan Seum Bosal, then our mind is correct nothing. True nothing means the Universe and I become one—that is special energy. Then slow, slow kwan Seun Bosal means clear water, quiet mind, just-like-this mind. So, previous karma disappears; our mind becomes clear.

To make your karma disappear means to find the correct way. If you don't make your karma disappear, many desires, many ignorance, many anger apppear, so you lose the correct way. So you must try Kwan Seun Bosal more than 3,000 times each day. This is

very important. I gave you these beads; this name is Yum Joo. Yum Joo means keeping Bodhi mind; Bodhi mind is Bodhisattva mind. An eminent teacher said, "If you always keep Bodhi mind, you get happiness everywhere." If you don't lose Yum Joo, you will get happiness everywhere, so always keep these beads in your mind—only decoration is no good. Don't keep Yum Joo on your body; you must keep Yum Joo in your mind.

You said your life has changed direction, and Ezra's and the children's. I am very happy to hear this. You said you have a practice for the first time that is right for you. An eminent teacher said, "First mind is Enlightenment mind." First mind is nothing mind, only -go-straight mind, so first mind is very important. If you want somehting, you will lose your first mind. To lose first mind means no direction. First mind's direction is very clear.

So I hope you are keeping a first mind which is clear like space, only go straight, soon get Enlightenment, finish the Great Work, and save all people from suffering.

Yours in the Dharma,

S.S.