Grampians National Park All-Abilities Walking Track and TrailRider Guide





Healthy Parks Healthy People



Foreword & Acknowledgements

Over ten years ago the first ever Accessible Walking Track Guide for Grampians National Park was produced. This original guide was published with the help of Friends of the Grampians – Gariwerd and has provided the basis for this new edition.

This new edition would not have been possible without the ongoing support of key individuals and organisations. These people have been instrumental in bringing the TrailRider vision to Australia and championing the belief that getting people out and enjoying the natural environment can dramatically improve quality of life and general well-being.



A 2009 Canadian hike has led, 7 years later, to 20% of TrailRiders in the world being here in Australia. Welcome to the Grampians, the home of that movement. You will find tracks here of every level of difficulty. Enjoy and remember *Healthy Parks, Healthy People* is behind it all.

David Stratton - TrailRider Advocate



Parks Victoria is working hard to increase the range of experiences in nature for all visitors. Whether you are in a wheelchair, pushing a stroller or utilising an All-Terrain TrailRider wheelchair this guide supports the ethos of access for all ages and abilities. So go on, get out and explore some of the park's most stunning walking trails and landscapes. We hope you enjoy your stay!

John Kenwright – Access and Inclusion Coordinator at Parks Victoria



Why shouldn't a person with a disability be able to get to that amazing lookout or that brilliant waterfall? What can we do as land managers to make these nature-based experiences more accessible and equitable? This guide, coupled with walking track improvements, the acquisition of specialist equipment such as the TrailRider and our initiation of the Volunteer Sherpa program, are part of our ongoing commitment to generating outstanding experiences for more people in our parks and by doing so fostering lifelong connections.

David Roberts – Area Chief Ranger for Grampians National Park

This guide would not have been possible without the support of these organisations.







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Introduction

"From a high forest hill about a mile from our route, I first obtained a complete view of a noble range of mountains, rising in the south to a stupendous height, and presenting as bold and picturesque an outline as ever painter imagined". Major Thomas Mitchell.

Grampians National Park is a diverse landscape famed for its environmental biodiversity, rich Aboriginal cultural heritage and recreational opportunities. The park attracts visitors from all over Australia and the world, with a strong reputation for excellent bushwalking, waterfalls, spectacular lookouts, Aboriginal rock shelters and mountain peaks.

This guide contains a selection of 25 walking tracks in and around Grampians National Park that can be accessed by people with limited mobility. These tracks have been chosen to offer a wide range of experiences and challenges–everything from flat and easy short walks, to steep, adventurous and sometimes ambitious ascents. Each track has been scrutinised for its suitability, with the key objective to provide an accurate information resource for TrailRiders (all-terrain wheelchairs), conventional wheelchairs and children's strollers.

Before setting off into the national park it is important to plan and organise your day – know where you are going and what you might need to take. Use this guide, maps and information to accurately assess the demands of a particular track against your own personal needs and capability. Remember to plan ahead and you will have a safe and enjoyable time in this remarkable landscape.

Sunrise view from Boroka Lookout

Healthy Parks, Healthy People

Pioneered by Parks Victoria in 2000, *Healthy Parks Healthy People* seeks to reinforce and encourage the connections between a healthy environment and a healthy society. Evidence shows that access to nature plays a vital role in human health, wellbeing and development.

The *Healthy Parks Healthy People* ethos endeavours to bring divergent sectors together to build healthier communities and tackle the issues facing our planet. The approach encourages the health, environment, parks, tourism and education communities to work together to provide a better outcome for all.

In the spirit of *Healthy Parks Healthy People,* Parks Victoria hopes this guide will give



people with limited mobility the confidence to access areas of the Grampians that were previously thought of as inaccessible.

More information on *Healthy Parks Healthy People* can be found at www.hphpcentral.com

The TrailRider Tale

"Just one wheel? I'd be in the hands of my helpers! However, once I was buckled in, it was love at first sight." David Stratton.

David Stratton developed his passion for hiking when he was young. As a child he would go on walking holidays with his parents to high places where he loved the feeling of looking down on the tiny settlements below. As an adult this passion would continue, and he explored high and wild places with his wife Ros. However, while walking on the Cotswold Way in England he began to stumble. Not long after, David was diagnosed with Multiple Sclerosis - a likely end to his hiking days. Despite the future that lay before him, David was determined, and with the encouragement of a friend, he would rediscover the beauty of wilderness by travelling to the summit of Cypress Mountain in Canada using the innovative TrailRider, an all-terrain wheelchair.

Once David and Ros returned to Australia, driven by their excitement of the first encounter, they approached Dave Roberts the Area Chief Ranger in Grampians



National Park, who became an instant supporter of the concept. Soon after, John Kenwright from the Healthy Parks Healthy People branch of Parks Victoria came on board and facilitated the purchase of two TrailRiders for use in the Grampians and at Wilsons Promontory.

Since these initial purchases by Parks Victoria, TrailRiders have been imported by a number of different Parks Services, local councils and organisations around Australia. They have revolutionised the way people with limited mobility interact with our wild places and championed the ethos of Healthy Parks Healthy People.

What is a TrailRider?

A TrailRider is a single wheel all-terrain wheelchair capable of exploring beyond the realm of conventional wheelchairs. A TrailRider can travel over obstacles such as rocks, logs and steps, it is fully adjustable and can be folded up to fit in a vehicle for transport. When in use, the passenger is assisted by operators who control the speed and direction.

How to book a TrailRider

TrailRiders from Parks Victoria can be borrowed free of charge. In the Grampians TrailRiders are located at Brambuk - The National Park and Cultural Centre.

To book a TrailRider or to find out about Volunteer Sherpa training call Parks Victoria on 13 1963 or visit the Parks Victoria website.

The Volunteer Sherpa Program

"It is wonderful to see how people can be connected to nature by using a TrailRider; passengers become so much more alive when in the bush." Gilda McKechnie – Sherpa Volunteer.

The volunteer Sherpa program is a volunteer initiative pioneered in Grampians National Park. Traditionally, the word "Sherpa" refers to the ethnic group of people from the most mountainous region of Nepal. These people are highly regarded for their ability to operate effectively in extreme conditions and at high altitude, with many becoming elite mountain guides and porters.

This volunteer Sherpa program aims to harness the perseverance of the Sherpa people by helping others reach places they never thought possible. The program provides comprehensive training in the operation of a TrailRider and the logistics of the volunteer program. Once you are a certified Sherpa you can borrow a TrailRider or help others reach places they never thought possible.



Training sessions take place annually in the Spring with additional sessions running on demand throughout the year for interested groups or organisations. For more information on training sessions and dates please see the Parks Victoria website.



Mobility Equipment

In addition to a TrailRider, a selection of tracks in the Grampians are suitable for other types of mobility equipment, such as conventional wheelchairs and strollers.

Conventional Wheelchairs

All grade 1 walking tracks are suitable for unassisted conventional wheelchairs. All grade 2.1 walking tracks are suitable for either helper assisted wheelchairs or electric wheelchairs.

Children's Strollers

Children's strollers are suitable for all grade 1 and a selection of grade 2 walking tracks. Grade 1 tracks are mostly flat with no steps, while grade 2 tracks may require the stroller to be carried up or down steps. To choose a track, use the table on page 12 or look for the stroller symbol in the track descriptions.

Motorised Mobility Devices

Motorised mobility devices that do not conform to Australian Standards for an electric wheelchair are not permitted on national park walking tracks.





Brambuk – The National Park and Cultural Centre

Brambuk is the place to discover everything there is to know about Grampians National Park and its rich Aboriginal culture. At Brambuk you can find up-to-date park information, pick up a guidebook, grab a map and wander through the centre's fascinating displays and surrounding bushland.

The staff at the centre can assist with borrowing a TrailRider and equip you with the skills you need before you go out to explore the national park. The trails that leave from the centre are well suited for both operators and passengers to go for a short walk and practice their skills. The centre also has wheelchairs that are available to be borrowed free of charge.

Brambuk is located 2.5km south of Halls Gap on Grampians Tourist Road. Open 9am to 5pm every day except Christmas, phone (03) 5361 4000.

Be Safe, Be Prepared

It is important to be well-prepared before heading out into the park. Packing the right equipment, understanding where you are going and your personal capability will help you have a safe experience.

Plan:

Choose a track that suits your timeframe, fitness, ability and needs

Check park conditions:

Visit www.parks.vic.gov.au, call 13 1963 or drop into Brambuk

Prepare for adverse weather:

What is the forecast? Are you prepared for this?

Be mindful on hot days:

Avoid remote areas, stay hydrated and return before it gets too hot

Pack the right gear:

Protective clothing, 1 litre of water per person per hour of walking, extra food, wilderness first aid kit, map, compass and GPS

Supervise children:

If your group separates, plan to meet at track junctions.

Caring for the National Park

- Put campfires out cold with water when you are finished and before you leave. Is it cold to touch? (Alternatively reduce your impact by using a fuel stove)
- Keep wildlife wild please don't feed the native wildlife
- Dogs and domestic animals are not permitted in the national park
- Carry it in, carry it out take all rubbish with you when you leave
- Respect heritage both Indigenous and EuropeanStay on track — don't widen tracks or take shortcuts
- Got to 'Go'? use a toilet or take a walk — at least 100 paces from water and campsites. Dig a 15cm hole and cover well.



Bushfires and Emergencies

The park is a heavily forested and remote environment. Bushfires can occur during the warmer months and emergency help may be many hours away. Be sure to stay up-to-date on the weather, park conditions and be prepared to alter your trip if conditions change.



Emergencies

Mobile phone coverage in the national park is patchy and in many places nonexistent. Where you do have coverage, call 000 for police, ambulance or fire.



Consider using a Personal Locator Beacon (PLB) and the Emergency+ smartphone app to assist emergency services.

It is worth noting that even if you do not have mobile coverage with your own service provider, when you make a 000 phone call, your phone will use any available network from any provider.

Are you Fire Ready?

Prior to your visit go to parks.vic.gov.au and emergency.vic.gov.au to check park conditions, closures and fire information.

Plan to leave remote and heavily forested areas on extremely hot, dry and windy days.

To stay up-to-date on fires in Victoria or for general bushfire safety advice:

- Call the VicEmergency Hotline on 1800 226 226
- Visit emergency.vic.gov.au
- Download the VicEmergency app on your phone
- Tune in to local radio stations



Australian Walking Track Grades

Walking tracks in Victoria's National Parks are graded under the Australian Walking Track Grading System. This system ensures a consistent approach to track grading across Australia, making it easier for visitors to compare grades against their own personal ability.



Grade 1:

No bushwalking experience required. Flat even surface with no steps or steep sections. Suitable for unassisted wheelchair users.



Grade 2:

No bushwalking experience required. The track is a hardened or compacted surface and may have a gentle hill section or sections with occasional steps.



Grade 2.1:

No bushwalking experience required. Suitable for wheelchair users with some assistance from either a helper or an electric wheelchair. Stairs will be accompanied by a ramp which may or may not be DDA compliant.

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Grade 3:

Suitable for most ages and fitness levels. Some bushwalking experience recommended. Tracks may have short steep sections, a rough surface and many steps.



Grade 4:

Bushwalking experience recommended. Tracks may be long, rough and very steep. Directional signage may be limited.



Grade 5:

Very experienced bushwalkers with specialised skills, including navigation and emergency first aid. Tracks are likely to be very rough, very steep and unmarked.



TrailRider Grades

To complement the Australian Walking Track Grading System (AWTGS), Parks Victoria have developed a TrailRider Track Grading System (TTGS) for motorised TrailRiders. This system is independent of the AWTGS and focuses on the number, skill and fitness of TrailRider operators. Users of a TrailRider are encouraged to consider both the AWTGS and the TTGS when selecting a track. One or more additional operators are recommended for unmotorised TrailRiders.



Beginner Operators

Suitable for all skill levels, including those with no or limited experience. Tracks are typically flat or undulating with gentle hills and limited obstacles. Suitable for most fitness levels. Two to three operators.



Intermediate Operators

Suitable for people with experience on undulating trails. Some obstacles, short staircases with wide landings and occasional sharp bends. A moderate level of fitness is required. Three to four operators.

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Advanced Operators

Suitable for people with experience on uneven trail surfaces. Operators may encounter short steep hills, narrow sections, staircases and many sharp bends. A high level of fitness is required. Three to four operators.

| ſ | Highly Advanced |
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| ŀ | 4 Operators |

Highly Advanced Operators

Suitable for people with extensive experience using a TrailRider on uneven trail surface. Long steep and difficult hills, rough and unformed surface with many steps, obstacles and sharp bends. A high level of fitness with strong upper body strength is required. Four operator's minimum.





Walking Track Selector

| Area | Track No. | Track Name | Distance | Track Grade | TrailRider Grade | <u> </u> | >>> | Page No. |
|----------------------------------|--------------|--|----------------------|----------------|---------------------|--------------|-----|----------|
| Brambuk and Fyans Valley | 1 | Brambuk Precinct | 1.2km loop | 2.1 | Beginner | ~ | ~ | 13 |
| | 2 | Fyans Creek Loop | 2.5km loop | 2 | Intermediate | | | 13 |
| | 3 | Halls Gap Bike Path – Brambuk to Lake Bellfield | 5.3km return | 2 | Beginner | | ~ | 13 |
| | 4 | Lake Bellfield Wall | 1.9km return | 2 | Beginner | | ~ | 13 |
| Halls Gap | 5 | Halls Gap Bike Path – Ararat Rd to Brambuk | 5.5km return | 2.1 | Beginner | \checkmark | ~ | 17 |
| | 6 | Delleys Bridge Walking Track | 2.7km one way | 3 | Advanced | | | 17 |
| | 7 | Venus Baths and Botanic Gardens | 1.8km return | 2 | Intermediate | | ~ | 17 |
| Wonderland Range | 8 | Lakeview Lookout Loop | 1.8km loop | 3 | Advanced | | | 21 |
| | 9 | Sundial Carpark to Rosea Carpark | 2.6km one way | 3 | Advanced | | | 21 |
| Wo | 10 | Silverband Falls | 1.4km return | 2 | Beginner | | ~ | 21 |
| Central Grampians | 11 | Boroka Lookout | 250m return | 2.1 | Beginner | \checkmark | ~ | 23 |
| | 12 | Reed Lookout | 400m return | 2.1 | Beginner | \checkmark | ~ | 23 |
| | 13 | The Balconies Lookout | 600m – 2km return | 2.1 | Beginner | \checkmark | ~ | 23 |
| | 14 | Red Gum Walk | 1.9km return | 2 | Beginner | | ~ | 23 |
| Mackenzie Falls and Zumsteins | 15 | Mackenzie Falls Lookout | 800m return | 2.1 | Beginner | \checkmark | ~ | 25 |
| | 16 | Broken Falls and Cranages Lookout | 250m loop | 2.1 | Beginner | \checkmark | ~ | 25 |
| | 17 | Zumstein Historic Walk | 4.2km return | 2 | Beginner | | ~ | 25 |
| | 18 | Mackenzie River Walk (to Fish Falls) | 1.4km return | 3 | Intermediate | | | 25 |
| Northern Grampians | 19 | Gulgurn Manja Shelter | 300m loop | 2 | Intermediate | | ~ | 29 |
| | 20 | Ngamadjidj Shelter | 300m loop | 2.1 | Beginner | \checkmark | ~ | 29 |
| | 21 | Heatherlie Quarry | 2.4km return | 2 | Intermediate | | ~ | 29 |
| South-eastern Grampians | 22 | Mt William | 3.6km return | 3 | Advanced | | | 31 |
| | 23 | Brownings Loop | 2km loop | 2 | Beginner | | | 31 |
| | 24 | Dunkeld Arboretum | 2km loop | 2.1 | Beginner | ✓ | ~ | 31 |
| | 25 | The Piccaninny | 2.7km return | 3 | Advanced | | | 31 |

Brambuk and Fyans Valley

Brambuk and Fyans Valley are easily accessible from Halls Gap and have a great selection of short walks for a TrailRider, stroller or conventional wheelchair. This area is perfect for spotting wildlife, taking in picturesque mountain views and is close to facilities and services.

Emergency phone service: Available throughout Fyans Valley and Halls Gap, north of Lake Bellfield Wall. Closest accessible toilets: Brambuk – The National Park and Cultural Centre. There are also toilets at Lake Bellfield Wall however they do not have a designated accessible cubicle.

1. Brambuk Precinct



Distance: Approx. 1.2km Loop Time: 30mins Track Grade: 2.1 TrailRider Grade: Beginner Number of TrailRider Operators: 2

The Brambuk Precinct has a number of short nature tracks around wetlands and native gardens. Here you are likely to encounter waterbirds, wallabies, kangaroos and emus.

Start/Finish: Brambuk – designated accessible car parking spaces

Gradient: Mostly flat with small rises and falls Steps: None

Surface: Sealed, gravel and timber boardwalk

Seats: Scattered throughout the precinct

3. Halls Gap Bike Path (Brambuk to Bellfield)



Distance: 5.3km return Time: 1.5 – 2 hours Track Grade: 2 TrailRider Grade: Beginner Number of TrailRider Operators: 3

This section of the bike path wanders through open forest to the dam wall at Lake Bellfield. The path is well shaded with plenty of opportunities to spot wildlife.

Start/Finish: Brambuk – designated accessible car parking spaces

Gradient: Mostly flat with a long steady hill rising to the dam wall

Steps: None

Surface: Sealed path with loose stones

Seats: Benches at regular intervals

2. Fyans Creek Loop

Distance: 2.5km loop Time: 45mins – 1 hour Track Grade: 2 TrailRider Grade: Intermediate Number of TrailRider Operators: 3

This is a picturesque forested track through Fyans Valley, offering spectacular mountain views and wildlife encounters. Best walked anti-clockwise.

Start/Finish: Brambuk – designated accessible car parking spaces

Gradient: Mostly undulating with small hills on either side of the creek crossings

Steps: On the eastern approach to the northern creek crossing and on the steel boardwalk

Surface: Gravel, natural earth and steel boardwalk Seats: Scattered throughout the forest on the

western half of the loop

4. Lake Bellfield Wall



Distance: 1.9km return Time: 30mins – 1 hour Track Grade: 2 TrailRider Grade: Beginner Number of TrailRider Operators: 2

This is a short path across the dam wall that has great views north down Fyans Valley, across the lake, the deep rock cut spillway and surrounding mountains.

Start/Finish: Lake Bellfield wall carpark or for a longer walk include the bike path from Brambuk. The wall carpark has no designated accessible car parking spaces.

Gradient: Flat across the wall with a small hill and steps up to the spillway lookout

Steps: Some up to the lookout, but can be avoided Surface: Loose stones and gravel

Seats: Only at the carpark

The Fyans Creek Loop has fantastic views of the Wonderland Range

and wildlife

FYANS CREEK (BARRI YALUG) LOOP BRAMBUK INFORMATION CENTRE 300 m

The Brambuk precinct features open forest, wetlands





Halls Gap

Halls Gap is key access point into the national park. It offers several services including a selection of cafes, a small supermarket, a pharmacy, specialty shops and a part-time GP clinic. The village is only a short drive from Brambuk or can be reached with a TrailRider or Stroller along the Halls Gap Bike Path or with a TrailRider along the Delleys Bridge Walking Track.

Emergency phone service: Available throughout Fyans Valley and Halls Gap north of Lake Bellfield Wall.

Closest Accessible Toilets: Halls Gap village park (next to the swimming pool) and Halls Gap Visitor Information Centre.

5. Halls Gap Bike Path (Ararat Rd to Brambuk)



Distance: 5.5km one-way Time: 1 – 1.5 hours Track Grade: 2.1 TrailRider Grade: Beginner Number of TrailRider Operators: 2-3

This section of the bike path wanders through open forest beside the main tourist road and through Halls Gap village. Walkers can combine this track with either the Delleys Bridge or Venus Baths and the Botanic Gardens tracks.

Start/Finish: You can start at a number of places including Delleys Bridge, Halls Gap or Brambuk – complete as a return walk or a circuit via the Delleys Bridge Walking Track.

Gradient: Undulating path

Steps: None

Surface: Smooth sealed path

Seats: Benches at regular intervals

7. Venus Baths and the Botanic Gardens



Distance: 1.8km return Time: 1 hour Track Grade: 2 TrailRider Grade: Intermediate Number of TrailRider Operators: 3

This track passes through the Botanic Gardens and wanders along Stony Creek to the rock pools of Venus Baths. Be careful at Venus Baths where the rock shelf is at a cross slope to the direction of travel. Suitable for conventional wheelchairs and strollers into the Botanic Gardens only.

Start/Finish: Halls Gap tennis courts Gradient: Undulating track that gradually travels uphill to Venus Baths.

Steps: Some steps near Venus Baths Surface: Gravel, sealed and uneven rock shelf Seats: Benches at several locations

6. Delleys Bridge Walking Track

Distance: 2.7km one-way Time: 1 – 1.5 hours Track Grade: 3 TrailRider Grade: Advanced Number of TrailRider Operators: 3

Traversing the escarpment on the eastern side of Fyans Creek - this track can be completed one way or integrated into a half or full day loop by linking it with the Halls Gap Bike Path and/or Venus Baths Track.

Start/Finish: Brambuk, Tandara Rd or Delleys Bridge Gradient: Undulating with short steep rises and descents

Steps: Found at the track's southern end just after crossing Fyans Creek and on the steel boardwalk Surface: Natural surface with rocks, roots and a gravel base

Seats: None



Halls Gap bike path







Wonderland Range

With its sandstone canyons and peaks, the Wonderland Range is the most popular place for bushwalking in the national park. These geological characteristics mean that most of the walking tracks in this area have many steps, rock obstacles and narrow squeezes, making them hard to access. The recommended places to visit with a TrailRider are Lakeview Lookout, the track connecting Sundial and Rosea Carparks, and Silverband Falls.

Emergency Phone Service: Available at Lakeview Lookout. Limited service at Sundial Carpark and in high areas. No service at Rosea or Silverband Falls Carpark.

Closest Accessible Toilets: Sundial Carpark and Lake Bellfield Picnic Area.

8. Lakeview Lookout Loop

Distance: 1.8km Loop Time: 1 hour Track Grade: 3 TrailRider Grade: Advanced Number of TrailRider Operators: 4

Lakeview lookout has spectacular views of Fyans Valley, Lake Bellfield and the Mt William Range. Complete as a return walk or take the loop via Devils Gap. Best walked anti-clockwise.

Start/Finish: Sundial Carpark

Gradient: Undulating with some short and sharp sections, including a steep section of rock steps down to Devils Gap.

Steps: Many timber and rock steps Surface: Compacted gravel, natural sand and earth Seats: Picnic tables at Sundial Carpark

10. Silverband Falls



Distance: 1.4km return Time: 30 – 45mins Track Grade: 2 TrailRider Grade: Beginner Number of TrailRider Operators: 2

A gentle path winds its way through a shady and ferny forest, following the creek to the base of the falls.

Start/finish: Silverband Falls Carpark

Gradient: Gradually uphill to the falls

Steps: None, but several rock water bars and gutters

Surface: Compacted gravel

Seats: Benches are located along the track

9. Sundial Carpark to Rosea Carpark

Distance: 2.6km one-way Time: 1 – 1.5 hours Track Grade: 3 TrailRider Grade: Advanced Number of TrailRider Operators: 4

This track winds its way up from Sundial Carpark to a knoll, before sidling around the hillside to Bugiga Hiker Camp and onto Rosea Carpark. Bugiga Hiker-Camp has toilets that are not wheelchair accessible.

Start: Sundial Carpark

Finish: Rosea Carpark

Gradient: Uphill section from Sundial Carpark and downhill to Bugiga and Rosea Carpark

Steps: One timber step at the very beginning and several on the timber boardwalk at Bugiga Surface: Compacted gravel, natural earth and timber boardwalk

Seats: Picnic tables at Sundial Carpark



Silverband Falls



0.25

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0.5

0.75

1 km

www.parks.vic.gov.au

Disclaimer: Parks $\tilde{V}ictoria$ does not guarantee that this data is without flaw of any kind and therefore disclaims all liability which may arise from you relying on this information. Cartography by Parks Victoria January 2017. For mobile App search for Avenza PDF Maps

Central Grampians

The lookouts in the Central Grampians are a popular stop on visitor itineraries, offering close vehicle parking and easy access. Plan wisely: during fine weather, these lookouts have spectacular views, however in poor weather the lookouts are often covered in low cloud or mist – offering limited visibility. A great alternative on low cloud days is Red Gum walk in the Victoria Valley.

Emergency Phone Service: Phone service is available at Boroka Lookout and patchy service is generally available at the fire tower at Reed Lookout. There is no phone service in the Victoria Valley.

Closest Accessible Toilets: Boroka Lookout, Mackenzie Falls carpark and Boreang Campground.

11. Boroka Lookout



Distance: 250m loop Time: 10 – 15mins Track Grade: 2.1 TrailRider Grade: Beginner Number of TrailRider Operators: 2

Boroka lookout is an easy short walk from the carpark. The lookout offers spectacular views of Halls Gap, Fyans Valley, the Wonderland and Mt William Ranges and the landscape to the east of the park.

Start/finish: Boroka Lookout Carpark

Gradient: Gradual slope down to the lookouts Steps: None

Surface: Sealed, stone pavers and timber boardwalk

Seats: Some bench seats along the track

13. The Balconies Lookout 🎊



Distance: 2km return Time: 45mins – 1 hour Track Grade: 2.1 TrailRider Grade: Beginner Number of TrailRider Operators: 2

This is an easy track out to the remarkable Balconies rock formations. The track takes in fantastic views of Lake Wartook and the west side of the Wonderland and Serra Ranges. The track is suitable for assisted off-road wheelchairs.

Start/finish: Reed Lookout Carpark

Gradient: Gradually uphill

Steps: None

Surface: Compacted gravel with a small sealed section and timber bridges

Seats: None

12. Reed Lookout



Distance: 400m return Time: 15mins Track Grade: 2.1 TrailRider Grade: Beginner Number of TrailRider Operators: 2

Reed lookout is the most accessible place in the park for 360 degree views of the surrounding landscape. The carpark is located adjacent to the lookouts, a short uphill walk to the fire tower has sublime views over Lake Wartook and the Victoria Valley.

Start/finish: Reed Lookout Carpark

Gradient: Flat at carpark and uphill to fire tower Steps: Some rock steps at the lower lookouts and no steps on the road to the fire tower Surface: Sealed and some natural rock surface Seats: None

14. Red Gum Walk



Distance: 600m - 2km Time: 15mins - 45mins Track Grade: 2 TrailRider Grade: Beginner Number of TrailRider Operators: 2

Red Gum Walk is a track adopted by Friends of the Grampians – Gariwerd and the first all-abilities walking track in the park. Wander through swamp gum, scentbark and river red gums, and see how a forest recovers after fire.

Start/finish: Carpark on Henham Track

Gradient: Relatively flat Steps: None Surface: Gravel and natural earth Seats: Scattered



The Balconies rock formations

Mackenzie Falls and Zumsteins

The Mackenzie Falls and Zumsteins area is well known for its spectacular waterfalls, river views and rich European history. At Mackenzie Falls there are three scenic lookouts to visit, all providing a different perspective of the Mackenzie River and gorge. Further to the west at Zumsteins Picnic Area you will find shelters, electric BBQs, flushing toilets and the trailhead for the Zumsteins Historic Walk and the River Walk to Fish Falls.

Emergency Phone Service: No phone service is available at Mackenzie Falls or Zumsteins Picnic Area. Emergency phone service is available at the fire tower at Reed Lookout and further along at Boroka Lookout. Closest Accessible Toilets: Mackenzie Falls and Zumsteins Picnic Area.

15. Mackenzie Falls Lookout



Distance: 1.9km return Time: 45mins to 1 hour Track Grade: 2.1 TrailRider Grade: Beginner

Number of TrailRider Operators: 2

An easy track with superb views of Mackenzie Falls, the gorge and river below. This track is suitable for off-road wheelchairs and strollers.

Start/finish: Mackenzie Falls Carpark

Gradient: Gradual slopes

Steps: None

Surface: Sealed

Seats: Benches are found on the track and picnic tables are around the Mackenzie Falls Carpark

17. Zumsteins Historic Walk



Distance: 250m loop Time: 15 - 30mins Track Grade: 2 TrailRider Grade: Beginner Number of TrailRider Operators: 2

This is a short track around the historic cottages of Zumsteins where interpretive signage tells the fascinating story of Walter Zumstein and the area he developed.

Start/finish: Zumsteins Picnic Area

Gradient: Gradually uphill from the picnic area to the cottages

Steps: Some steps

Surface: Compacted gravel and natural earth Seats: Picnic tables and benches are around Zumsteins Picnic Area





Distance: 800m return Time: 30mins Track Grade: 2.1 TrailRider Grade: Beginner Number of TrailRider Operators: 2

A short walk to scenic lookouts over Broken Falls and the Mackenzie River Gorge. Assisted wheelchair access is only suitable to Broken Falls Lookout.

Start/finish: Mackenzie Falls Carpark Gradient: Gradually downhill to both lookouts from the visitor area (that means uphill on the way back!)

Steps: One at Cranages Lookout

Surface: Smooth and sealed

Seats: Benches are found on the track and picnic tables are around the Mackenzie Falls Carpark

18. Mackenzie River Walk (to Fish Falls)

Distance: 4.2km return Time: 1 – 1.5 hours Track Grade: 3 TrailRider Grade: Intermediate Number of TrailRider Operators: 3

The Mackenzie River Walk starts at Zumsteins and winds its way up the Mackenzie River to Mackenzie Falls. Currently the track is only suitable for a TrailRider to the bottom of Fish Falls.

Start/finish: Zumsteins Picnic Area

Gradient: Gradually uphill to Fish Falls with some short steep hills

Steps: Some steps and rock gutters

Surface: Compacted gravel, natural earth and rock surface

Seats: Picnic tables and bench seats around Zumsteins Picnic Area





Northern Grampians

The Northern Grampians is well-known for its dramatic landscape of sandstone bluffs and towering cliffs. Three TrailRider friendly tracks are recommended in this area; Gulgurn Manja and Ngamadjidj Aboriginal rock shelters and the historic Heatherlie Quarry. Mt Zero Picnic Area is a good place for a break, with accessible toilets and a shady picnic area.

Emergency Phone Service: Patchy phone service is generally available in high locations on the eastern side of the Mt Difficult Range and in the far Northern Grampians.

Closest Accessible Toilets: Hollow Mountain Carpark, Mt Zero Picnic Area, Stapylton Campground and Plantation Campground.

19. Gulgurn Manja Shelter



Distance: 1.4km return Time: 45mins - 1 hour Track Grade: 2 TrailRider Grade: Intermediate Number of TrailRider Operators: 3

An easy but slightly uphill track to Gulgurn Manja shelter – meaning 'Hands of Young People'. This track is partly suitable for children's strollers; there is a steep uphill rocky section at the end where the stroller would need to be carried.

Start/finish: Hollow Mountain Carpark Gradient: Mostly slightly uphill with a short moderately steep rock section just before the shelter Steps: None – but some rock hopping at the art shelter end

Surface: Compacted gravel with a short rock hopping section

Seats: None

21. Heatherlie Quarry



Distance: 2.4km return Time: 1 – 1.5 hours Track Grade: 2 TrailRider Grade: Intermediate Number of TrailRider Operators: 3

A significant historical site, this quarry provided the building stone for many of Victoria's grand buildings including the Victorian Parliament House. Suitable for strollers up to the stone cottages, will require lifting in some areas of the quarry site. **Start/finish:** Heatherlie Quarry Carpark on Mt Zero Road

Gradient: Gradually uphill to the quarry site, then undulating around the quarry.

Steps: Some around the quarry site Surface: Compacted gravel and natural earth Seats: Picnic tables at the stone cottages



Gulgurn Manja Shelter





Distance: 300m loop Time: 15 – 20mins Track Grade: 2.1 TrailRider Grade: Beginner Number of TrailRider Operators: 2

It is an easy short walk to view Ngamadjidj Sheltermeaning 'white person' due to the white clay used to draw motifs of people. Suitable for wheelchairs and strollers and close to wheelchair accessible camping at Stapylton Campground.

Start/finish: Ngamadjidj Shelter Carpark Gradient: Relatively flat Steps: None Surface: Compacted gravel Seats: None





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South-eastern Grampians

The South-eastern Grampians covers the area from Mt William in the north to Dunkeld in the south. There are four walking tracks in this area that are suitable for a TrailRider; Dunkeld Arboretum and Browning's Loop are great for those new to using a TrailRider, the Piccaninny offers a good challenge for those with experience and Mt William is a long tough ascent for only the most hardened of TrailRider teams.

Emergency Phone Service: Phone service is virtually non-existent in the valley between Lake Bellfield and Dunkeld. Higher up it is available on Mt William, Mirranatwa Gap, Yarram Gap, and south of Mt Abrupt carpark towards Dunkeld.

Closest Accessible Toilets: Borough Huts Campground, Jimmy Creek Campground, Wannon Crossing Campground, Mafeking Picnic Area and Dunkeld Visitor Information Centre.

22. Mt William

Distance: 3.6km return Time: 1 – 1.5 hours Track Grade: 3 TrailRider Grade: Advanced Number of TrailRider Operators: 4

A steep sealed management road leads to the summit of Mt William, the highest peak in the park. Best avoided with children's strollers (unless you are prepared to push uphill for 1.8km) and only recommended for TrailRider teams who are fit, strong and very enthusiastic.

Start/finish: Mt William Carpark

Gradient: Long steep ascent

Steps: None

Surface: Sealed road

Seats: Bench seats at a number of points on the road side

24. Dunkeld Arboretum



Distance: 2km loop Time: 30mins – 1 hour Track Grade: 2.1 TrailRider Grade: Beginner Number of TrailRider Operators: 2

A great place to learn how to use the TrailRider in the Southern Grampians. Wander around the wetland and see waterbirds and trees from around the world.

Start/finish: Dunkeld arboretum carpark

Gradient: Undulating

Steps: None

Surface: Natural surface and boardwalk Seats: Scattered throughout the area

23. Browning's Loop

Distance: 2km loop Time: 45mins to 1 hour Track Grade: 2 TrailRider Grade: Beginner Number of TrailRider Operators: 2

An easy track around the historic goldfields of Mafeking; you will see mine shafts, pits and remnants of a bygone era. The Mafeking Picnic Area has accessible toilets, picnic tables, a fireplace and historical information.

Start/finish: Mafeking Picnic Area Gradient: Undulating with some short uphill sections

Steps: Timber log stairs at the end of the walk back up to the picnic area

Surface: Natural earth and timber bridges Seats: Picnic tables at the picnic area

25. The Piccaninny

Distance: 2.7km return Time: 45mins to 1 hour Track Grade: 3 TrailRider Grade: Advanced Number of TrailRider Operators: 4

This track winds its way around the western hillside before arriving at the summit. Suitable for TrailRider teams with previous experience and a moderate level of fitness.

Start/finish: Victoria Valley Rd Trailhead Gradient: Gradually uphill all the way

Gradient. Gradually uprill all the way

Steps: One long steep section of steps Surface: Compacted gravel and rock steps

Seats: None



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This All Abilities Walking Track and TrailRider Guide covers walking tracks in Grampians National Park that are suitable for people using a TrailRider all terrain wheelchair, a conventional wheelchair, a children's stroller or just looking for easy walks. Inside this guide you will find 25 track descriptions, 18 track maps and detailed planning information. This guide has been produced by Parks Victoria with support from Friends of the Grampians - Gariwerd, Grampians Walking Tracks Support Group and Wimmera Regional Sports Assembly.

How to get there

Grampians National Park is located in Western Victoria; a three-hour (260km) drive from Melbourne, a five-hour (460km) drive from Adelaide, and a key destination on the Great Southern Touring Route.

The park is accessed easily from the nearby villages of Halls Gap, Wartook and Dunkeld and the regional towns of Hamilton, Horsham, Stawell and Ararat.

Further information

For more information call Parks Victoria on 13 1963, visit www.parks.vic.gov.au or drop into Brambuk – The National Park and Cultural Centre, 2.5km south of Halls Gap.

