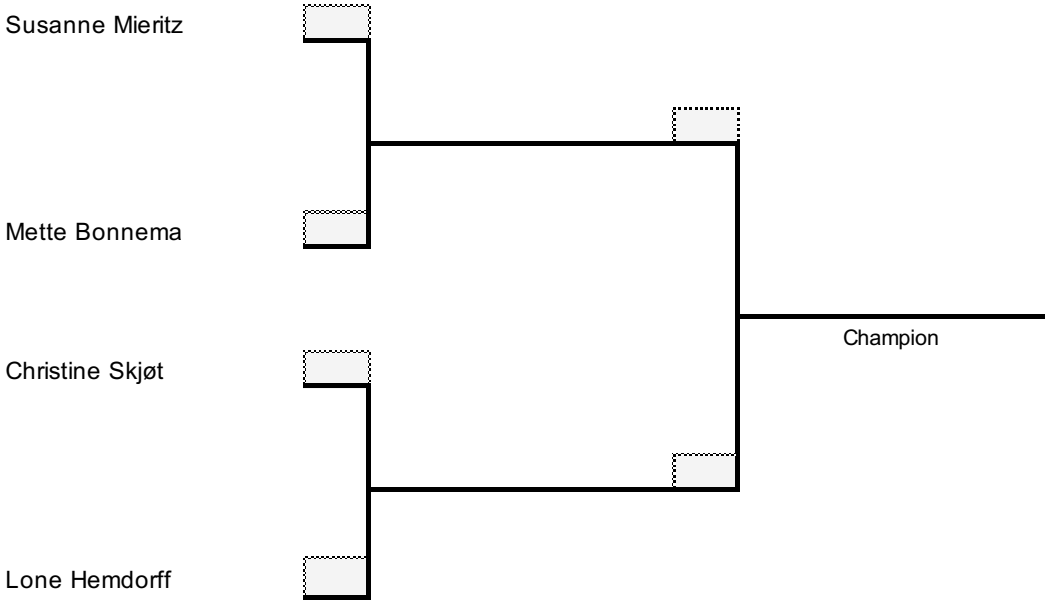Veteraner 40+ & Motionister, Damesingle